

School \_\_\_\_\_

Date \_\_\_\_\_

## **UBEA (Utah Ballroom Education Association) BALLROOM HEAD COACH CHECKLIST:**

Coaches, please use the following checklist .....

\_\_\_\_ I have attended UBEA meetings/training virtually or in person to review rules, responsibilities and obtain new and updated resources.

\_\_\_\_ I verify I have looked at the UBEA calendar of events and know when the UBEA/NDCA events are planned.

\_\_\_\_ I verify that all dancer/competitors are full time students as defined by your school/district and are not in violation of the UHSAA Age Rule, Sport Season Rule, Amateur Rule, Transfer Rule, Limited Team Membership Rule, and Physical Examination Rule:

- SECTION 2: Age rule: You cannot turn 19 years old before Sept. 1 the year you intend to play.
- SECTION 3: Sport Season Rule: The Ballroom Dance season has been defined as Sept. 1 - March 31st of any school year. Any student that has tried out, been accepted and then withdraws or is terminated by the coach or administration is NOT ELIGIBLE to try out or participate in any other competitive company for the remainder of the season.
- SECTION 6: Amateur Rule: A dancer may not compete on a competitive team that is made up of professionals; receive compensation or monetary awards for their competition or dancing; or sign a professional contract.
- SECTION 9: Transfer Rule:: Students who previously established eligibility at another high school (i.e. attended another school or studio, or tried out and were selected as a member of a competitive ballroom team) are NOT ELIGIBLE for participation on the competitive ballroom team (at any level) until the team posted tryouts at the new school. The UBEA Board can approve a "Change of Residence" or "Hardship Waiver" application(these are found on "register my athlete"). If you are not on "register my athlete" at your school, please contact the UBEA Registration Manager directly. The dates for the competitive ballroom team start September 1st and go up until March 31st.
- SECTION 12: Limited Team Membership Rule: After the competition start date for this sport, players are not allowed to compete on any outside team in the same sport. (ie. ballroom studio team AND a high school ballroom team.)
- SECTION 13: Physical Examination Requirement (Recommended)  
No student shall be eligible to compete in any athletic contest sponsored by this Association unless such student has a physician's certificate stating that he/she is physically able to compete in inter-school athletic contests.

\_\_\_\_ I verify my players are academically eligible. In the preceding grading period all students earned a minimum of a 2.0 GPA on a 4.0 scale or its equivalent; and do not have more than 1 non-passing grade (this includes an I grade, no grade, or U).

\_\_\_\_ I will verify scholastic eligibility and forward to UBEA by January 20th, 2023.

\_\_\_\_\_ I have verified any transgender dancers with their preferred identity. They will be dancing within their preferred identity as a leader or follower for the entirety of each competition for which they are registered.

*The UHSAA will require that member school districts and schools make a determination of a student's eligibility to participate in gender specific sports team for a particular season based on the gender identification of that student (1) in current school records, and,(2) daily life activities in the school and community at the time that sports eligibility is determined. (Please see the specific guidelines on page 27 of the UHSAA handbook.)*

\_\_\_\_\_ I verify I have reviewed the UBEA Competition Rules and agree to abide by them.

- Show Dance Rules
- Formation/Medley competition rules and regulations ([Pages 41-46](#))
- Costuming requirements ([under "costuming" drop down window](#))

\_\_\_\_\_ I verify that I have completed the components required for certification as required by the school principal.

- Background Check
- First Aid/CPR Training
- Concussion Training
- Fundamentals of Coaching course

\_\_\_\_\_ I verify that members of the coaching staff have read and understand the current NDCA and UBEA rules and regulations.

\_\_\_\_\_ I agree to hold an orientation meeting for potential dancers/company members & parents to attend.

- Distribute and discuss expectations for a competitive ballroom company, including UBEA calendar competitions and events.
- Review Competitive Ballroom Company School Handbook/Contract
- Read through [UHSAA Tryout Checklist Forms](#).
- Review the UBEA and NDCA rules for individual and team competition events.

\_\_\_\_\_ I have met with the principal and Athletic Director to review the UHSAA (Utah High School Activities Association) eligibility requirements for student participation. These requirements have been adjusted for the Ballroom Dance community by the UBEA (Utah Ballroom Education Association) board of directors.

By signing below, I acknowledge that all checklist items have been read, discussed, and verified by the Head Coach and Assistant Coaches. I verify that all items have been completed.

\_\_\_\_\_ Date \_\_\_\_\_  
Head Coach Name Head Coach Signature

\_\_\_\_\_ Date \_\_\_\_\_  
Assistant Coach Name Assistant Coach Signature

\_\_\_\_\_ Date \_\_\_\_\_  
Principal Name Principal Signature

\_\_\_\_\_ Date \_\_\_\_\_  
Activities Director Name Activities Director Signature

\*Please submit to the UBEA Membership Registrar - Joy Price at [joyprice@alpinedistrict.org](mailto:joyprice@alpinedistrict.org)