Parent Information for the 2022-2023 PHS Ballroom Dance Company

Time Commitments:

- JV/Varsity class (1 ½ hours every other day—consistent attendance required)
- Additional technical instruction required in addition to team—the PHS technique classes, or meeting consistently with a coach for individual competition
- Medley rehearsals—about 3 hours after school once a week (REQUIRED)
- 8-hour rehearsals (REQUIRED)
 - o 3 days over Christmas Break
 - o Friday/Monday of Presidents Day weekend
 - o Friday/Monday of MLK Jr. Day weekend
- Competition season (the following are required, but there may be others we attend, too)
 - o PHS competition (end of January)
 - o UBEA State Title (mid- to late-February)
 - o Nationals at BYU (beginning of March)
- Varsity gets an extended tour, usually during/around Spring Break

Monetary Commitments:

- The district has tried to equalize and reduce all costs for school activities. You can find the breakdown of ballroom fees on the Provo School District Website. (https://provo.edu/school_fees/ballroom-dance-company/)
- Class fees:
 - o Team fee: \$190 (competition entry, supplies)
 - o Team sports pack: \$100 (team bag, t-shirts, monogramming, jacket/hoodie)
 - o Summer school (recommended but optional): \$50/class (intermediate, advanced)
 - o Varsity tour: \$450
- Personal items: Students will need to obtain and maintain the following on their own.
 - o Shoes: \$80-130 (team members should have Latin AND standard shoes)
 - o Makeup, hair products, tanning products

<u>Girls</u> <u>Boys</u>

Black Latin and/or standard Black Latin pants: \$80

skirts: \$40

Tan wide-strapped tank Black biker shorts: \$20

leotard: \$30 Fishnets: \$30

• <u>Competition:</u> When we attend competitions as a team, the team pays the admission fee for the team members. The students must pay for their individual competitor (registration) fees. Those are usually about \$10-20 per couple. We encourage students to compete at least at the syllabus level.

Eligibility: Students MUST maintain their academic eligibility all four terms. This requires more than a 2.0 GPA and no more than one F or I grade per term. If a student does not meet these requirements, they will not be permitted to participate in team rehearsals, activities, etc. until their grade is fixed. Additionally, we have a "3 strikes" rule: Even if the student makes up their grade, if the term ends and a student is not eligible 3 times, they are removed from the team and cannot try out again the following year.

Expectations:

- **Support your team:** This entails attending on time practices, socials, fundraisers, competitions, classes, etc. Remember that in ballroom, you rarely dance alone; when you slack off or make conflicting plans, you have a partner and a formation team that suffers from your absence. Make team events a priority, practice outside of class to make sure you're ready, and actively support those on team with you.
- Communicate: We know everyone can't be at everything always. Coaches and partners need to know they can count of you; this means that if you are going to be unavailable, you inform both as soon as you are able. Coaches need to know whether an alternate will be needed in your spot. Please make sure any absence is reported AT LEAST one week in advance.
- Respect: You are representatives of the PHS Ballroom Dance Company. You should never do anything that would embarrass the team, in school or out of school. Respect the coach and anyone the coach places in charge of an event (an assistant, a guest choreographer, a team member, etc.). Respect every teacher and PHS staff. Respect your fellow team members at all times. As part of this, no PDA will be tolerated, and your dress should always be modest and presentable.
- Uniformity: One of the most competitive aspects of team is the formation events—the medley rehearsals we have every week and over holidays. Part of the event is uniformity; we must all look alike. For this reason, we ask that students:
 - o Tan (not with a tanning bed—there are many inexpensive products that can be applied to give dancers a nice base tan that doesn't come off when they sweat)
 - O Color their hair dark (a semi-permanent or temporary dye, mousse, or hairspray—the product should not come off when they sweat)
 - o Maintain the right length of hair. Men will need to have a trim neck line and sides, and ladies will need hair long enough that it can be styled/put into a bun.

Parent Committee: As parents of students on the PHS company, you become part of our Parent Committee. The team could not possibly do all that it does without the help and support of the parents. This will entail some volunteering (helping backstage at concerts, helping run the PHS competition in January, chaperoning, etc.), and we are always happy to receive assistance from parents who are eager to get more involved.

You may keep these first two pages. Please sign and return the final page.

Parents' Names:
Parents' Emails:
Parents' Phone:
Permission to Audition for the PHS Ballroom Dance Company
I have thoroughly read and understand the expectations of being a member of the PHS Ballroom Dance Company. I give my child,
Please initial each sentence:
I understand my student must have a 2.0 overall GPA with only one F or I each term.
I understand that poor attendance (tardies, truancy, or excessive absences in team or academic classes) is grounds for dismissal from team.
I understand that my student must show respect to teachers and peers in and out of team.
I understand the high behavior expectations that Mr. Ellison and Mrs. Williams have for my student as he/she represents Provo High School.
I understand there is additional commitment outside of class time for both parents and students.
I understand that there is a substantial monetary commitment to being on the team.
I understand that there are expectations that involve changing the natural look of my student for performances and competitions.
Note: This is only permission to AUDITION. There will a commitment contract to sign once your student has been chosen for the company.
Comments or Concerns:
Parent Signature: Date: